



**Dana Marie Schaub** is an experienced dancer and gymnast. She took dance and tumbling for 13 years in her home town of Mobile, AL including jazz, tap, ballet, lyrical, and pointe. During her high school years, she was on her dance competition team and was a cheerleader for 3 years serving as co-captain her senior year. During her college years, Dana was a member of the dance/tumbling squad for the Mobile Revelers NBDL basketball team during their running from 2001 to 2003 and was a Southern Miss Dixie Darling in 2003 and 2004. Dana has also been a dancer and chorus singer for various community theater shows in

Mobile, AL and Hattiesburg, MS. Dana has a Bachelor's Degree in Psychology from the University of Mobile and a Master's Degree in Food and Nutrition from the University of Southern Mississippi. In October of 2007, she moved to the Mississippi Gulf Coast and currently works as a Registered Dietitian for Singing River Health System and South Mississippi Surgical Weight Loss specializing in weight management and cardiopulmonary rehab. She is now teaching tumbling and DanceFit classes for Dance Revolution and is a member of Sr. Company.